**Sample Programme - Short Course 13 Nights**

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| **GROUP:**  **LEADERS:**  **CURFEW:** | | |
| WEEK ONE | | |
| **Sun** | Times to be advised | Students arrive in Norwich and meet Homestay Hosts |
| **Mon** | 0900 - 1230  1400 - 1700 | Welcome Talk, Placement Tests and English Lessons  **Orientation of Norwich. How to find the bank, post office, shops and excursion departure points** |
| **Tues** | 0900 - 1230  1400 - 1700  1930 - 2200 | English Lessons  **Sports in the Park**  **Student Disco at The Talk, Oak Street *\*Numbers Dependent\**** |
| **Weds** | 0900 - 1230  1400 - 1700 | English Lessons  **City Search - Navigate your way around Norwich and the winning team receives a prize** |
| **Thurs** | 0900 - 1230  1400 - 1700 | English Lessons  **A visit to Norwich Castle to discover its past as a former royal palace and prison** |
| **Fri** | 0900 - 1230 | English Lessons  **Free afternoon for shopping and exploring more of Norwich** |
| **Sat** | 0720 - 2000 | **Full-Day Excursion to London to include a walking tour past the sights: Houses of Parliament, Whitehall, Trafalgar Square, Westminster Abbey, Buckingham Palace. Lunch in St James’s Park. Free time for shopping or to visit a museum or art gallery.** |
| WEEK TWO | | |
| **Sun** |  | Free day with Homestay Hosts |
| **Mon** | 0900 - 1230  1400 - 1700 | English Lessons  **10-Pin Bowling at Hollywood Bowl, Riverside** |
| **Tues** | 0900 - 1230  1400 - 1700  1930 - 2200 | English Lessons  **A visit to the Sainsbury Centre for Visual Art at the University of East Anglia**  **Student Disco at The Talk, Oak Street *\*Numbers Dependent\**** |
| **Weds** | 0900 - 1230  1400 - 1700 | English Lessons  **A visit to Norwich Cathedral and Riverside Walk** |
| **Thurs** | 0900 - 1230  1400 - 1700 | English Lessons  **A trip to the Cinema to see one of the latest releases** |
| **Fri** | 0900 - 1230 | English Lessons and presentation of reports  **Free afternoon for shopping and exploring more of Norwich** |
| **Sat** | Times to be advised | Students depart Norwich for return journey home |